

# **Mind Power Trainer Program – 15 Days**

This **comprehensive 15-day program** combines all topics from the **Basic, Level Two, and Advanced Mind Power Programs** and adds specialized modules to prepare participants to become professional Mind Power Trainers.

## **Program Overview**

The program equips participants to:

- Master Mind Power concepts and techniques
- Develop effective teaching and training skills
- Build confidence and public speaking abilities
- Learn professional methodologies for conducting workshops
- Deliver impactful training sessions

## **Eligibility**

Open to **all individuals**, including those who have **not previously attended any Mind Power program**.

## **Course Modules**

### **Days 1–3: Basic Mind Power**

- Mind Power Theory and Principles
- Relaxation Techniques
- Law of Attraction
- Visualization Exercises

### **Days 4–5: Level Two Mind Power**

- Mind and States
- Meditation Practices
- Universal Laws
- Creative Visualization
- Goal Setting
- Stress and Relaxation

### **Days 6–9: Advanced Mind Power**

- Mind Power Theories and Core Principles 1–6
- Mind Control Practices
- Meditation, Self-Affirmation, and Healing Techniques
- Law of Attraction and Cognitive Reframing
- Creative Visualization and Forgiveness Techniques
- Teaching/Training Skills Development

## **Days 10–15: Trainership Modules**

- **Grooming:** Personal presentation, etiquette, body language
- **Public Speaking:** Overcoming fear, audience engagement, effective communication
- **Confidence Building:** Self-belief, overcoming limiting beliefs, inner assurance
- **Methodologies and Methods:** Designing training programs, interactive learning, workshop structuring
- **Delivering Training:** Conducting sessions, managing participants, ensuring knowledge retention

## **Outcomes**

By the end of the program, participants will be:

- Certified Mind Power Practitioners
- Equipped with the skills to train and guide others in Mind Power techniques
- Confident and competent trainers capable of conducting workshops globally