

Mind Art® Advanced – Mind Power Certification Program

The **Mind Power Certification Program** is conducted by **ISSTAC®** in collaboration with **GNNLP** and **NLP Kerala®** (www.mindpowerworkshop.com).

Note: Participants completing this program receive a certificate titled ‘**Mind Power Certification Program**’. Those who meet additional specific criteria are eligible to receive the ‘**Mind Power Certified Trainer**’ certificate, allowing them to teach and train mind power techniques professionally.

Program Objectives

- Realize and harness the power within.
- Shift from a failure-conscious mindset to a success-conscious mindset.
- Cultivate genuine faith in oneself, others, the universe, and the almighty.
- Learn to attract positivity in personal and professional life.
- Explore techniques for achieving lasting happiness and bliss.
- Integrate the mind, body, and universal consciousness.
- Strengthen understanding of mind power concepts.
- Prepare participants to become certified Mind Power practitioners.
- Enhance presentation and delivery skills to effectively teach mind power concepts.
- Equip practitioners to maintain professionalism and ethical standards.

Course Syllabus

Day One

- Introductory sessions and course overview
- Mind Art® course details and objectives
- Definitions and history of mind power
- Frequently asked questions
- Key literature and resources
- Visualization techniques – four-step method
- Success consciousness and the power of blessing
- Mind, heart, and soul integration
- Ecological right and non-paradoxical thinking
- Concepts of doing, being, and having
- Assignments and practical exercises
- Mind power meditation and practice sessions
- Q&A session

Day Two

- Basic principles of mind power
- EFT, Yoga, Pranayama, Meditation, and Exercise as mind power tools
- Assignments and practice sessions
- Q&A session

Day Three

- Mind power theories and mind control practices
- Core principles 1 to 3
- Structure of thoughts and brain waves
- Features of thought energy
- Enhancing teaching and training skills
- Assignments, meditation, and practice sessions
- Q&A session

Day Four

- Core principles 4 and 5
- Thoughts, imagination, and visualization techniques
- Purpose and aims of mind power practitioners
- Functions of consciousness, meta-cognition, and script rewriting
- Past life therapy
- Improving teaching/training skills
- Assignments, meditation, and practice sessions
- Q&A session

Day Five

- Core principle 6 and mind control practices
- Types of mind control practitioners
- Controlling conscious and subconscious mind
- Five senses and human organs
- Variables affecting meditation
- Teaching skill enhancement
- Assignments, meditation, and practice sessions
- Q&A session

Day Six

- Types of meditation and mind control techniques
- Martial arts and mind control practices
- Self-affirmation techniques
- Mind power and Western psychology
- Core principle 6A: Understanding mind structure
- Functions of conscious and subconscious mind
- Creative consciousness
- Teaching skills, assignments, and Q&A session

Day Seven

- Reality functions of the mind
- Core principles 7 and 7A: Supernatural abilities and Four Laws
- Power and science of the Law of Attraction
- Core principle 8: Cognitive reframing
- Discovering higher purposes
- Psychosomatic disorders
- Treasure map technique
- Teaching skill enhancement, assignments, and Q&A session

Day Eight

- Core principles 9 to 12
- Identifying and unblocking personal barriers
- Choosing happiness and values of mind power practitioners
- Goal setting and creative visualization techniques
- Art of forgiveness and healing (direct and distant)
- Healing meditations
- Assignments and Q&A session

Day Nine

- Doubt clearing and evaluation
- Certification process

Mind Art® is a registered program of **ISSTAC®**

www.mindpowerworkshop.com | www.isstac.com | www.ecounselings.com | www.gnnlp.com